

## References Ergonomics for Laboratory Animal Care

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## Regulatory and Accreditation Requirements

DeLong D, Gerrity LW, Bayne K (2001) *Elements of an occupational health and safety program: Deficiencies identified by AAALAC international Lab Animal* (NY) Apr 30 (4) 23-6

Institute of Laboratory Animal Resources, National Research Council. (1996) *Guide for the Care and Use of Laboratory Animals* National Academy Press, Washington, DC (pages 14-18 as referenced in DeLong et al 2001)

*An occupational health and safety program must be part of the overall animal care and use program*

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### Websites:

The American Association for Laboratory Animal Science, (AALAS),  
9190 Crestwyn Hills Drive, Memphis, TN 38125-8538  
<http://www.aalas.org/>

Bureau of labor statistics <http://stats.bls.gov/oco/cg/cgs001.htm>

NIH Safety and Health Department – Website on laboratory worksite ergonomics, including animal care  
<http://odp.od.nih.gov/whpp/ergonomics/laboratory.html>

The WHPAC funded an ergonomics study, which evaluated work practices of employees in NIH laboratories for potential risk of repetitive motion injuries (RMIs) due to poor ergonomics. Workplace Dynamics performed ergonomics task analysis of six tasks associated with an increased occurrence of RMIs and recommended steps employees could take to make their work environment better meet their needs. These included manual pipetting, working at a microscope, working in a biological safety cabinet or anaerobic chamber, using a cryostat, and changing cages or feeding research animals. The risks factors most commonly seen included cluttered, unorganized work areas, poor postures due to equipment placement and/or poorly designed workstations, and sustained awkward postures. Click on the task below to learn specific recommendations.

## Animal Care

Lab Animal News

<http://www.animallabnews.com/articles/ergonomics.asp?pid=35&articleText=ergonomics>

**Product literature (provided for information without endorsement)**

JT Baker Company <http://www.bakerco.com>

Edstrom industries, Inc. [www.edstrom.com](http://www.edstrom.com)

Automated watering systems [http://www.edstrom.com/products.cfm?doc\\_id=54](http://www.edstrom.com/products.cfm?doc_id=54)

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